

Both male and female have and will always be "EQUAL." The inner spiritual essence, or SELF AWARENESS is not male or female. The spiritual consciousness of all human beings is the SAME and equal.

Only the outer physical form is different. It is the psychological ego that perceives the physical difference. i.e., no ego, equals no difference.

Spiritual enlightenment can be achieved by both men and women alike. In the practice of meditation, there is no male or female state of mind.