

Suffering

For many an individual entity those things that are of sorrow are the greater helps for unfoldment, as the entity has experienced in some of its disappointments.

. . . while suffering may bring understanding (to an entity), *causing* (others) to suffer to satisfy one's own self brings reproach . . . Be true to self in such a manner as to not bring reproach from others, and most of all from self.

Why Do We Suffer?

E. Cayce, A.R.E. State:

Much might be given as respecting such a question. This would require that all of those activities be reviewed that have brought those disturbances of every nature in the earth.

Know, even as He, though He were the Son, yet learned *He* obedience through the things which He suffered. No servant is above his Master. Ye are one with Him. Know that His strength, His love, His might, will be with thee all the way, if ye trust wholly in Him.

Let the body-mind continue in the attitude of seeking for the *spiritual* awakening. Know that each experience in this material plane is, if used in a constructive manner, *for soul development!* . . . While the trials, the temptations, the sufferings come; and oft may the body ask self, "If the Creative Force or God is mindful of man, why does He allow me to suffer so?" Know that though He were the Son, yet learned He obedience through the things suffered in body, in mind, in the material or earthly plane.

Learn, the first primary success which is worthy of emulating is worthy of being suffered for . . . They who would gain the greater will suffer the more. Those who would attain to a more perfect understanding of the true relationships of an individual to creative forces and using of same constructively, recognize the unfoldment of the mind through the experience.

There are, to be sure, pathological disturbances, yet conditions are such here that the greater help may be brought by just being patient, just being kind and loving to the entity. . . For the body is one of those who is meeting its own self in the physical expression in the present. There has been, and is yet to be, a great deal of suffering physically to be experienced by the body. . . do give a great deal of prayer . . . those who are close to the entity.

There should be rather those administrations of the mental and spiritual help. . . to make easier that journey which this entity soon must take. For life is not spent just because changes come about, but the greater opportunity for this soul-entity is to be released from the suffering. For, in the same manner as He, who is the Way, suffered, so must each individual meet that in the flesh; that we may know that the Savior bears with each soul that which will enable life, consciousness, to be a continuous experience.

. . . let they prayer ever be, "Lord, let me be the channel for supplying that in the experiences of those with whom I come in contact, and for the needs of man at this particular period, that they may know Three better through the things which they have suffered and do suffer."

-E. Cayce, A.R.E.