

The term reborn, or born again, is somewhat misleading. One is not actually reborn into something or as someone else.

With the disassociation from the physical body-brain and the psychological ego, one only "*returns*" to one's original state of existence. This original state has been *forgotten* for so long that when it is *returned to* it seems like one is a completely new person, as one actually is in a sense. The psychological egoic state of mind is opposite and opposed to one's true state of mind or consciousness.

One does not *attain* a new life. One only "returns" to one's original eternal life.