

Action Without Action

This means the "action" of consciousness (SELF awareness) without the "action" of the "psychological mentality" (egoic state of mind).

"Action without action" is practiced in meditation, and maintained in the state of SPIRITUAL-SELF-REALIZATION. The psychological mind becomes subordinate to the universal mind and intuition.

As one grows in SELF-awareness, one's being evolves (actually returns) from the gross to the subtle, from heavy to light. The mysterious discipline of subtle energy refinement is the boundless treasure of the immortal beings.

-Lao Tzu, (Hua Hu Ching Text)*

One should not formulate any kind of expectation or anxiety to cause the loss of wholeness of the mind. The pure mind is exquisite energy in an individual life. It is one's capital with which to cultivate immortality. There is no virtue which is not already contained within one's own nature.

-Hua Hu Ching, Chapter 72

Those who speak (still seeking and arguing) do not yet know. Those who know, do not speak (one cannot describe God, one can only experience God).

-Lao Tzu

i.e., Those who know do not speak intellectually just to impress others – But they speak in order to transmit and teach the immortal-spiritual-way.

They do not speak in order to gratify others. They speak to save souls.

*The Hua Hu Ching Book (second book of Lao Tzu) is available...Sevenstar Books, Los Angeles, California U.S.A.